



**Words from patient, Theresa D.**

Justine Blainey Wellness Centre is a full wellness centre where all modalities work together to get you at optimal health. The chiropractic health includes regular progress exams using the latest equipment and discussion with the chiropractor. The atmosphere is very friendly and family oriented. You start to feel like a family the more you visit. Everyone care about your health!

I've really enjoyed the health and wellness talks. They've been informative and the take away handouts were great reminders of the information I learned and changes that I wanted to make in my life.

You guys are the bomb!!! Even though I've moved away, the drive back is worth it!