



Brampton: 220 Wexford Road Unit 2 Brampton, ON L6Z-4N7

Ph: (905) 840-WELL Fax: (905) 840 -LIFE

www.drjustineblainey.com

www.blaineywellness.com

B.J. Palmer, "THE BIG IDEA"

A slip on the snowy sidewalk, in winter, is a SMALL thing. It happens to millions. A fall from a ladder, in the summer, is a SMALL thing. That also happens to millions. The slip or fall produces a subluxation. The subluxation is a SMALL thing. The subluxation produces pressure on a nerve. That pressure is a SMALL thing. The pressure cuts off the flow of mental impulses.

That decreased flowing is a SMALL thing. That decreased flowing produces a dis-eased body and brain. That is a BIG thing to that man. Multiply that sick man by a thousand, and you control the physical and mental welfare of a city. Multiply that man by a million and you shape the physical and mental destiny of a State. Multiply that man by one hundred thirty million, and you forecast and can prophesy the physical and mental status of a nation.

Now comes a man. Any one man is a SMALL thing. This man gives an adjustment. The adjustment is a SMALL thing. The adjustment replaces the subluxation. That is a SMALL thing. The adjusted subluxation releases pressure upon nerves. That is a SMALL thing. The released pressure restores health to a man. That is a BIG thing to that man.

Multiply that well man by a thousand, and you step up physical and mental welfare of a city. Multiply that well man by a million, and you increase the efficiency of a State. Multiply that well man by one hundred thirty million, and you have produced a healthy, wealthy, and better race for posterity.

So adjustment of the subluxation, to release pressure upon nerves, to restore mental impulse flow, to restore health, is BIG enough to rebuild thoughts and actions of the world.

The idea that knows cause, that can correct cause of dis-ease, is one of the biggest ideas known. Without it, nations fall; with it, nations rise.

The idea is the BIGGEST I know of.

~Dr. B.J. Palmer