



Words from patient, Cindy Renee M.

I have been going for chiropractic treatments and at times, massage therapy at The Justine Blainey Wellness Centre for about 5 years now. The treatments have greatly improved my overall health! I feel much less pain, my migraines have reduced immensely, I sleep better, am more active and have lost quite a bit of weight. I would highly recommend Dr. Justine and her professional & friendly staff who go the extra mile to help. You can't put a price on your health and happiness, so take the first step to becoming the best version of you!

You can tell the professionals at the centre really care about you. They are always giving great tips, have different health seminars and put together events the whole family can enjoy!