



*Words from patient, Valda H.*

I was suffering with back pain, sometimes I could not come off my bed. I was told by many doctors that I was getting arthritis in my back. I also had terrible headaches. I have been doing chiropractic care for approximately 4 years. I don't have back pain anymore and I rarely get headaches.

Testimonials are important because patients should know that there are other methods of healthcare- just to taking drugs and pills. Without testimonials they often will not be educated on other options.