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The Arc Of Life

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There is one missing link in all of health care. There is one missing piece of the puzzle that almost every doctor on the planet leaves out when evaluating their patients. There is a major reason why people can see doctors for years and still remain sick, diseased, and loaded to the gills with medications. There is one answer to all of mankind's suffering that is continually overlooked by all conventional, medical approaches. Drugs and surgery will never be the answer to you achieving optimal health and well-being. Medicine never finds the cause, it just suppresses the symptom.

Wouldn't you want to find out what the MISSING LINK is?

"Loss of cervical (neck) curve/ THE ARC OF LIFE stretches the spinal cord 5 to 7 cm and produces pathological tension, putting the body in a state of disease." - Alfred Breig, MD

The loss of cervical lordosis reduces the patients lung capacity by up to 30% (Davis, 1996; Korr, 1975; Bernini, Wiesel and Rothman, 1982)

Decreased blood flow from abnormal posture is a major factor in ALL DISEASE, including cancer. Reich (MD) 1974:

Decreased curves & spinal position affect heart, lungs & digestive system Calliet (MD):

Winsor (MD): 212 Autopsies= 100% disease in spine to disease in organs

Faulty posture (LOSS OF CURVE IN NECK) causes WEAK immune system, organ disease, muscle tension, and increased sensitivity to pain. Korr 1979:

Posture deviation/LOSS OF CERVICAL CURVES can cause intestinal diverticulitis, osteoporosis, hip/foot deformities, overall poor health & quality of life, shortened life span. Freeman 1997:

*Research shows that a loss or increase in spinal curves, increases mortality (speeds up death) and takes up to 14 years off your life J. BONE JOINT SURG. AM 1981 JUN;63(5):702-12 Weinstein Sh, Zavala DC, Ponseti IV idiopathic Scoliosis: Long-Term follow-up and prognosis in untreated patients

Normal motion of the first four cervical vertebral joint mechanoreceptors stimulates endorphin production by the CNS. Forward head posture, loss of cervical curve and atlas mal-positions blocks normal neck motion and **DRAMATICALLY reduces the amount of endorphin production!!!** With

inadequate endorphin production, many otherwise non-painful sensations are experienced as pain. (**IE. FIBROMYALGIA**) (Davis 1996; Molina and Wyke 1965)// Evidence for Spinal Cord

Hypersensitivity in chronic Pain after Whiplash injury and in fibromyalgia. Pain, January 2004, pg 7-15

Cervical injuries alter and disrupt the position and function of C1-C4 and affect the following :

1. Muscles that Control Eye Movement
2. Posture

3. Balance
4. Gait
5. Ability to taste, smell and execute speech
6. Ability to swallow and swallowing patterns
7. TMJ muscle tension and coordinated movement
8. Mandibular-cranial position and posture
9. Dexterity
10. Rotary vertigo and bilateral tinnitus (Raymond, 1977; Molina and Wyke, 1965; Cailliet and Gross, 1987)

- Altering the afferent input from the upper cervical region (LOSS OF CERVICAL CURVE) can result in disturbances in gait, dizziness, loss of balance and ataxia etc. (Neurology India, 49, December 2001: 355-359) **LOSS OF ARC OF LIFE CAUSES CONSTIPATION!** Forward head posture can add up to thirty (30) pounds of abnormal leverage of the spine, therefore abnormal position of the head can pull the entire spine out of alignment/The entire gastrointestinal system, is affected particularly the large intestine. Loss of good bowel peristaltic function and evacuation is a common effect of forward head posture, loss of cervical curve and atlas mal-positions and also increases discomfort and pain which decreases the amount of normal endorphin production in the brain and spinal cord. (Rene Cailliet, 1987). The interaction of the immune cells with the neurological and endocrine systems is irrefutable. An Overview of the Immune System, The Lancet, Vol. 357. June 2 2001.

When THE ARC OF LIFE (NECK CURVE) is Restored:

- 1) Cervical lordosis correction adjustments increase the patient's ability to aerate his/her lungs, & improves vital capacity and immune activity (Brenne et al. 1991)
- 2) Improved Immune Function: T and B lymphocytes numbers, natural killer cell numbers, antibody levels, phagocytic activity and plasma endorphin levels are positively influenced by spinal correcting adjustment (CJA 1993)